

NOTICEBOARD / CALENDAR

EDUCATION

Long Term Care Family Council Education

Arnprior: The Grove Nursing Home - Oct. 14, Oct. 21 and Oct. 28, 2008 at 7:00-8:00pm.

Elder Abuse Workshop

October 16, Groves Park Lodge, 9am-4:00pm

Women's Health Festival

Visit us at our display at the Women's Health Festival on October 18th, Renfrew, 9am-4:00pm

Portable Resource Centres

Books and videos on Alzheimer topics such as coping techniques and strategies, activities for individuals with dementia, or placement issues are available to help both family and professional caregivers.

<p>Pembroke Carefor Health & Community Services 425 Cecelia Street, Box 308 Pembroke, ON K8A 1S7 Phone: 613-732-1159</p>	<p>Renfrew 500 Raglan St. N. Renfrew, ON K7V 1P5 Phone: 613-433-5896</p>
<p>Arnprior The Grove – Arnprior & District Nursing Home 275 Ida Street, North Arnprior, ON K7S 3M7 Phone: 613-623-6547</p>	<p>Barry's Bay Barry's Bay Seniors Home Support 19 Stafford Street Barry's Bay, ON K0J 1B0 Phone: 613-756-2772 Office Hours: 9 am - 4:30 pm (Mon.-Fri.)</p>
<p>Beachburg Whitewater & Bromley Community Health Centre 20 Robertson Drive Beachburg, ON K0J 1C0 Phone: 613-582-3685 Office Hours: 9 am – 5 pm (Mon.-Thurs.) 9 am - 2 pm (Friday)</p>	<p>Deep River North Renfrew Long Term Care Centre 47 Ridge Road Phone: 613-584-1900 Hours: Mon - Wed/Fri. 9 am - 6 pm Thurs. 9 am - 8:30 pm Sat. 9 am - 5:30 pm</p>

SPEAKERS' BUREAU

Presentations on various aspects of Alzheimer's disease and related dementias as well as the programs and services of the Alzheimer Society can be given to community organizations.

CAREGIVER DISCUSSION GROUPS



The Alzheimer Society of Ottawa and Renfrew County will be holding a monthly Caregiver Discussion group in Pembroke. A variety of topics will be covered throughout

the year on the second Tuesday of every month from 1:30-3:30pm at the Pembroke Civic Complex, Ground Floor Annex (425 Cecelia Street, Pembroke). Anyone is welcome to attend. For more information, please call the Pembroke office at 613-732-1159.

- **September 9** - Driving and Older Adults & Driving and Alzheimer's disease.
- **October 7** - What's new in Drugs, Treatment and Research
- **November 11** - Understanding Apathy and Agitation
- **December 9** - Tips for an Enjoyable Holiday Season

Other Support Groups:

Arnprior: 2nd Fri. every month, 1:30-3:00pm
Island View Retirement Suites: Sept. 12, Oct. 10, Nov. 14, Dec. 12, 2008

Barry's Bay: 2nd Thurs. every month, 1:30-3:00pm
Water Tower Lodge: Sept. 11, Oct. 9, Nov. 13, Dec. 11, 2008

Deep River: 2nd Wed. every month, 1:30-3:00pm
North Renfrew Long Term Care: Sept. 10, Oct. 8, Nov. 12, Dec. 10, 2008

Renfrew: 1st Thurs. every month, 1:30-3:00pm
Bonnechere Manor: Sept. 4, Oct. 2, Nov. 6, Dec. 4, 2008

Pembroke: 3rd Mon. every month, 1:30-3:30pm
Marianhill: Sept. 15, Oct. 20, Nov. 17, Dec. 15, 2008

Pembroke: Last Mon. every month, 1:30-3:00pm
Miramichi Lodge: Sept. 29, Oct. 27, Nov. 24, Dec. 29, 2008

Eganville: St. James Catholic Parish, 1:30-3:00pm
Sept. 24, Oct 29, Nov. 26, 2008