

Soci t  Alzheimer Society

OTTAWA AND RENFREW COUNTY

Programs and Services in Renfrew County

Family Support & Education Services

Our family support & education coordinator can provide services in the form of information, support and education to families who contact the Alzheimer Society of Ottawa and Renfrew County in person, over the phone and in caregiver groups. Call the office from Monday to Friday, 8:30 a.m. to 4:00 p.m. at 613-732-1159 or 613-433-5896 or toll free at 1-888-411-2067.

Monthly Support Groups

Support Groups offer a confidential, compassionate and knowledgeable environment where individuals can discuss challenges they encounter in everyday living with dementia. Education and information sharing is an integral part of these support group sessions. We offer support groups at the following locations:

- Arnprior – 2nd Friday of every month, 1:30 – 3:00 p.m., Arnprior Public Library
- Barry’s Bay – 2nd Thursday of every month, 1:30 – 3:00 p.m., Water Tower Lodge
- Deep River – 2nd Wednesday of every month, 1:30 – 3:00 p.m., North Renfrew Long Term Care Centre
- Eganville – last Wednesday of every month, 1:30 – 3:00 p.m., St. James Catholic Church
- Pembroke – two groups held monthly at:
 - o Marianhill, 3rd Monday of every month, 1:30 – 3:30 p.m.
 - o Miramichi Lodge, last Monday of every month, 1:30 – 3:30 p.m.
- Renfrew – 1st Thursday of every month, 1:30 – 3:00 p.m., Bonnechere Manor

Education Workshops

Education workshops are held regularly in various locations across Renfrew County. These workshops are designed for family members and caregivers on topics relating to various aspects of caregiving. Please call the office for further details.

Volunteer Education Program

This program is offered to adult and/or student volunteers who find themselves working with residents/clients who have Alzheimer’s disease or a related dementia.

Enhancing Care Program

As assessment program for long term care homes and day programs facilitated by the Alzheimer Society of Ottawa and Renfrew County. This program assists organizations to assess their own programs and services for clients with dementia using the Alzheimer Society of Canada’s *Guidelines for Care*.

First Link™ Program

This program links individuals newly diagnosed with dementia and their families to a community of learning, services and support. In collaboration with the Champlain Dementia Network, First Link offers information, support, referral and a progressive learning series. The learning series include: First Steps, Next Steps, Care Essentials, Options for Care, and Care in the Later Stages.

Speakers' Bureau

Presentations on various aspects of Alzheimer's disease and related disorders as well as the programs and services of the Alzheimer Society can be given to community organizations.

Newsletter

Our chapter's newsletter, *Alzheimer lifeline*, provides information on: caregiver tips, research, local news, educational programs, etc.

Website

Our chapter's website is filled with numerous files on Alzheimer's disease and related topics of interest to caregivers, family members and the general public. We invite you to visit www.alzheimer-ottawa-rc.org

Alzheimer Info Line

A telephone information service that consists of short messages on topics such as symptoms of Alzheimer's disease and how to obtain a diagnosis, and the Safely Home™: Alzheimer Wandering Registry. Operating outside office hours (evenings and weekends), callers can access this service by calling our Ottawa office at 613-523-4004 on a touch tone phone. One message is dedicated to news on upcoming meetings, support groups and activities of interest to Alzheimer families.

Safely Home™ Program: Alzheimer Wandering Registry

Developed by the Alzheimer Society of Canada with the RCMP, this program is designed to help find the person with Alzheimer's disease or a related dementia who is lost and assists in a safe return. Registration is voluntary. When registered, vital information about the individual is stored confidentially on a police database. This information can be accessed by police anywhere in Canada. For a one time fee of \$35, an identification bracelet, a Caregiver Handbook and ID cards are provided. Registration forms are available in all of our offices or on our chapter's website at www.alzheimer-ottawa-rc.org

Resource Libraries

Books and videos on Alzheimer topics such as coping techniques and strategies, activities for the Alzheimer person, or placement issues are available to help both family and professional caregivers. These resources can be accessed at Arnprior, Barry's Bay, Beachburg, Deep River, Pembroke and Renfrew. Fact sheets, Alzheimer journals and other reference materials are also available in the Pembroke office.

For further information, please contact:

Alzheimer Society of Ottawa and Renfrew County

Renfrew County Offices

Pembroke

425 Cecelia Street, Box 308
Pembroke, ON K8A 1S7
Phone: 613-732-1159

Renfrew

500 Raglan Street North
Renfrew, ON K7V 1P5
Phone: 613-433-5896

Toll Free: 1-888-411-2067

Email: hmartin@asorc.org

Ottawa

1750 Russell Road, Suite 1742, Ottawa, ON K1G 5Z6
Phone: 613-523-4004 Fax: 613-523-8522 Email: info@asorc.org

www.alzheimer-ottawa-rc.org