



**CHAMPLAIN DEMENTIA NETWORK
DIAGNOSTIC ASSESSMENT & TREATMENT SERVICES**

1. MEMORY DISORDER CLINIC (MDC)

Élisabeth-Bruyère Health Centre
75 Bruyère St.
Room # 298-22
Ottawa ON K1N 5C7

***** Physician referral needed*****

Telephone:
613-562-6322

Fax:
613-562-6013

- The main focus is the diagnosis of early dementia (mild to moderate) and the difficult diagnosis of atypical patients with dementia at any stage and at any age.
- Typically the patients function at a high level and do not have significant other psychiatric conditions, complex medical problems, or a history of head injury or mental retardation.
- Neurology, Neuropsychology, and Nursing.
- Referral to MDC is appropriate for patients requiring complete dementia work-up.

2. REGIONAL GERIATRIC ASSESSMENT PROGRAM (RGAP) OUTREACH TEAMS AND DAY HOSPITALS /CLINIC SERVICES

2A- East Geriatric Assessment Outreach Team

Élisabeth-Bruyère Health Centre
75 Bruyère Street
Room 420-Y
Ottawa ON K1N 5C7

***** For Patients EAST of Bronson Avenue and the Ottawa River *****

Telephone:
613-562-6362

Fax:
613-562-6373

2B- West Geriatric Assessment Outreach Team

Queensway-Carleton Hospital
3045 Baseline Road
Ottawa ON K2H 8P4

***** For Patients WEST of Bronson Avenue and the Ottawa River *****

Telephone:
613-721-0041

Fax:
613-820-6659

- The main focus is on diagnostic assessment of dementia (mild, moderate or severe) and concomitant medical problems in patients over age 65. There is also an emphasis on multidisciplinary assessment and management of associated issues such as functional dependency, safety, caregiver stress, education needs, community services, and future planning.
- Geriatric Assessment Outreach Teams provide in-home comprehensive screening with triage to geriatric day hospitals (3) for geriatric physician assessment and full multidisciplinary team assessment or to outpatient clinics (3) for geriatric physician assessment.
- Patients with common geriatric problems not suffering from dementia are also assessed and treated.

3. GERIATRIC PSYCHIATRY COMMUNITY SERVICES OF OTTAWA (GPCSO)

Élisabeth-Bruyère Health Centre
75 Bruyère Street
Room 129Y
Ottawa ON K1N 5C7

Telephone:
613-562-9777

Fax:
613-562-0259

- The main focus of GPCSO is to provide bilingual services to persons 65 years of age and older with mental health problems including dementia and to persons less than 65 years of age who have been diagnosed with Alzheimer or frontal lobe dementia.
- Case managers will work with the person and family/caregiver in their homes providing assessment, counselling, behavioural management, education and advice regarding community services and future planning. In addition, capacity assessments for personal care/property are available for a fee.
- Geriatric psychiatry consults are available upon request to treat concomitant depression, behavioural problems, or other psychiatric problems. This may include doing a home visit, if appropriate.

4. ROYAL OTTAWA MENTAL HEALTH CENTRE

1145 Carling Avenue
Ottawa ON K1Z 7K4

***** Physician referral needed*****

Telephone:
613-722-6521 x 6507

Fax:
613-798-2999
(Geriatric Program Intake Secretary)

- This program offers a range of services to meet the mental health needs of persons 65 years of age and older. Patients suffering from dementia with concurrent depression, psychosis or behavioural problems are assessed and treated by a bilingual, multidisciplinary team. Services offered are:
- The **Outpatient Clinic** is a consultation service offering professional advice and psychiatric expertise to primary care physicians. The clinic provides the initial assessment for all patients referred to the program.
- The **Outreach Service** provides consultative and educational services to most long-term care facilities in Ottawa. A psychiatrist and nurse work together to support staff and patients in these facilities.
- The **Day Hospital** provides a time limited day treatment for persons who require urgent and intensive treatment, but can safely live in the community. The **Inpatient Service** treats patients with complex psychiatric illnesses that require specialized inpatient care. These two services are available as determined by the initial outpatient or outreach consultation.