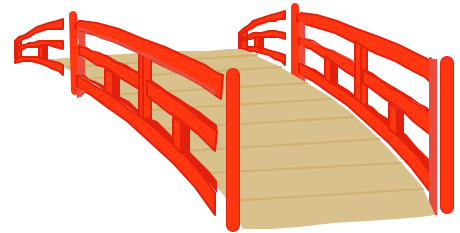


Partnership in Transitional Care

Free Workshops for Individuals Applying for Long Term Care
and their Family Members

Preparing for the Move (to a Long Term Care Home)



This workshop addresses...

- Common feelings at this time & ways to cope
- Planning for the day of the move
- Helping your family member adjust to their new home
- Helping yourself adjust and your new role

Workshop Time: 1:30p.m. - 3:00p.m.

Upcoming Dates and Locations:

East End: - 1750 Russell Road (Perley & Rideau Veterans' Health Centre)

- Tuesday July 22, 2008
- Tuesday September 23, 2008

West End: - 6501 Campeau Drive (Forest Hill)

- Wednesday June 25, 2008
- Tuesday August 26, 2008

Minimum of 5 participants required.

**To pre-register and for more information, contact:
Joanne Dyson at 613-523-4004 x.41 or jdyson@asorc.org**

Website: www.alzheimer-ottawa-rc.org

Ottawa: 1750 Russell Road, Suite 1742, Ottawa, ON K1G 5Z6 Tel: 613-523-4004 Email: info@asorc.org
Renfrew County -- Toll Free Phone: 1-888-411-2067 Email: hmartin@asorc.org
Renfrew: 500 Raglan St. N., Renfrew ON K7V 1P5 Tel: 613-433-5896
Pembroke: 425 Cecelia St., Pembroke ON K8A 1S7 Tel: 613-732-1159

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